

MARTIAL MOTIVATION

with world champion, *John Gill*

Profile of Motivational
Masters Speaker, JOHN GILL

SPORTS SUCCESS

- > 11 times World Martial Arts Champion
- > 6th Dan Blackbelt Master instructor in Taekwondo and Hapkido
- > Multiple winner of NSW Australian USA and World Martial Arts Championships
- > Winner of NSW, Australian and Pan Pacific Tennis Masters Championships
- > Qualified tennis coach

BUSINESS QUALIFICATIONS

- > Diploma of Mortgage Lending
- > Diploma of Financial Services (Financial Planning)

TV APPEARANCES

- > Recently featured on Channel 9's "Mornings with Kerri Anne" and Channel 7's "The Morning Show" and "Sunrise" programs
- > Previously on Channel 7 News, Channel 10 News and The 7.30 report



MARTIAL MOTIVATION is designed for both adults and children to be more determined, focused and driven to achieve success. Some of the powerful topics covered in the *Martial Motivation Workshop* are:

- > How to develop a positive attitude towards life, work or school
- > The art of setting goals for success and happiness
- > The importance of optimism and positive thinking
- > How to develop unshakeable self confidence and mental toughness
- > How to harness your inner self discipline, determination and perseverance
- > Breaking through limiting beliefs
- > Success strategies of champion athletes and teams
- > Feel empowered by learning passive self defence techniques
- > Anti-bullying strategies and techniques
- > The dangers of drugs and alcohol
- > Release stress and build inner calm with tai chi and chi kung exercises

For enquiries and bookings, text or email
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